

EDIBLE MARIJUANA SAFETY




As of April 2022, 18 states permit recreational use and 37 states permit medical use of marijuana¹.

Marijuana *edibles* are food and drink products that include marijuana. In states where marijuana use is legal, 56% of marijuana users consume *edibles*².

BEWARE OF COPYCAT EDIBLES

Some *edibles* look like popular brands of snack food, these “copycat” *edibles* may have high levels of active marijuana. **One study found an average THC content 4x the legal limit².** Tetrahydrocannabinol (THC) is the psychoactive ingredient in marijuana. The delayed effect, unpredictable strength, and similarity to snack food make an accidental edible overdose a common poison emergency.

Your body's response to edibles may be unpredictable³, including:

-  Time it takes to feel an effect (30 minutes to 2+ hours)
-  Length of effect
-  Amount of active marijuana in the dose

HERE'S HOW TO PREVENT A POISON EMERGENCY IN YOUR HOME:



Store edibles up, away, and out of sight in childproof containers or cabinets.



Keep them in their original packaging, clearly label as edibles, and away from candy, cookies and other similar foods or items.



Do not eat marijuana edibles in front of children, and always return them to their out-of-reach location immediately after use.

Every second counts in a poison emergency.

- 1** Call 9-1-1 if the person is unconscious or has trouble breathing.
- 2** Call Poison Help (1-800-222-1222) to connect to your local poison center.
- 3** Stay calm — most poison emergencies can be resolved quickly.

HRSA
Poison Help

1. <https://www.ncsl.org/research/health/state-medical-marijuana-laws.aspx>
2. <https://www.sciencedirect.com/science/article/abs/pii/S0376871622001466?via%3Dihub>
3. <https://www.cdc.gov/marijuana/health-effects/poisoning.html>